## 抹茶のすばらしさ



栄養成分をまるごと取り入れることができます。石臼で挽き、茶葉をそのままを粉末にすることで、茶葉に含まれるカテキン、テアニン、ビタミンなど、登電な成分が含まれることから、一葉では、日本の伝統的な緑茶の一種で、

## 日本国産へのこだわり

日本三大銘茶のひとつ 「京都宇治抹茶」 100%使用

融合

日本国産100% 18種類の雑穀

## How wonderful Matcha is

Matcha is a type of traditional Japanese green tea. It is made by grinding raw tea leaves (tencha), which are steamed and dried without kneading, with a stone mill, and then pulverizing the tea leaves as they are. Since tea leaves contain rich ingredients such as catechin, theanine and vitamins, it has long been expected to help maintain health. Since the tea leaves are powdered as they are, they have antioxidant effect and you can take in the whole nutritional ingredients.